

27th November 2011,

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To:

A Mahalingam
(Academic Officer)

Thank u for giving the chance to write how pleased I was in Sankara Nethralaraya for this short but memorable period. First day of the warmly received our arrival in airport with a sweet, and caring Miss Subha, told by classmates, she is just like our godmom. Now I am so sure, yes she is. She been taking good care and never neglect anyone of us start from beginning till the end.

Our four months start with the intense and basic class for 2 weeks. Without any doubt, I find this 2 weeks was very useful for everyone of us .This 2 weeks class indirectly give us a chance to self realize and knowing our weakness in certain topic. And we had provided notes which were so much useful in our study. Miss Pavithra she always tried her best to give simple and better understanding explanation to us during class. Most of the class she will always stay with us. Appreciate all optometrist, who willing to teach us as much as possible during in the class.

The day of posting started. We had divided to each department respectively . There was always some optometrist who really teach us. But it also happened when some optometrist just allowing us for observation. Frankly speaking observation day is quite tired and sitting for at least 6 hours making me day dreaming. Optometrists hardly give chance to practice . This actually a problem that occur in every batches. It happened optometrist just gave chance to take present prescription power for whole day posting for every patient and hardly explained to me what the problem of the patient had and even slit lamp not given chance to see. In speciality

clinic, most of the time we are observing. Hope that this issue can be improve in order for better learning process can be going on.

But I did found some optometrist who are extremely good especially Mdm Susan, Miss Silpa, Miss Pallavi, Mdm Shembagam, Mdm Archana, Mdm Yamuna L, Mdm Jayasree, Miss Sarika, Mdm Priya. They are the best ever optometrist I found and they are so kind when teaching. They tried their best to let me see n guide me in many ways. I still remember the day with Mdm Susan, she trained me in grading Van herrick, after I posted there. I did manage to get accurate finding. I can't mention one by one how good they are. But I truly appreciate and feeling gratitude for their kindness in guiding me in many things.

For my hostel, everything is superb. We provided everything the best. Thank u for the arrangement. Thank u Miss Subha, who always settle all our problem as fast as possible after received our call. U all treat us well, so well. We were taking good care by you all. Thank u. I miss my hostel room now.

Dr.S.S Badrinath, he always stay humble and really respect him so much. Get to know that so many batches, our batch is the luckiest. The kindness of the chairman make us feel like we stay in our home. Nothing to worry and we always been taking care. Chairman will always stay in my mind. One day I hope I can be like him. The most well respectful person. Thank u chairman for everything u did for us from the day we reach till our cert day. In between our Madras club,we did enjoyed very much. I would like to thank u so much for the gift from Chairman "Awakening Indian to India" .Chairman given me a chance to learn in SN and and this decision of accepting Twintech student for intership gave me opportunity to know the culture and make some true friends in India. "I like India"this words hope to let all my friends in India know.

Lastly,thank u for everything. I appreciate everyone in my 4 months internship in SN.I Love SN and I Love India. Take care and wish everyone stay happy and healthy. Always keep in touch.

Dear Sir,

I am Chee Seng Yih. Everybody calling me Chee. First of all, I would like to thank to u Sir, Miss Subha, and of course our chairman Dr.SS Badrinath, Madam Shenbagam, Madam Vijalayakashmi A, Madam Archana, Miss,Yamuna Devi L, Madam Jayasree R, Madam Susan, Madam Latha, Madam Priya, Madam Rizwana,Madam Revathy, and all the optometrist SN. They all are so friendly and kind, humble, willing to teach, and nice till i cannot express by words. I learn a lot during this 4 months. I feels that I didnt waste any of my time during this 4 months and I think we din't come to the wrong place. I am happy to be at here, have a such great opportunity to learn and open my eye sight to see all your professional and knowledge. I am surprise to see all the optometrist are so young yet professional and experienced.

Here i especially thanks to Br.SS Badrinath. He is so kind and generous. I respect him very very much. Thanks for him bring us to his house during Pooja, advanced celebration Of Diwali at Madras Club, enjoying the food and firework. That a new experiences and memorable event at his house and Madras Club. He let me feels like we are part of his family, Sn family. Really appreciate it. I also enjoy the food in India very much. Before coming to India, I plan to diet, but when reached here, I decided postpone my plan, postpone until back to Malaysia...hahahaha....

Besides, from the day to day, I really learn n see a lot of things that i never see before or just see from book only. but in SN I can see a real thing with detailed description by optometrists. It's so nice. And the 3 weeks class before posting is so useful to us, it make us more understand about each department nicely. And the Evening OPD and 4-6pm practice class is very useful also. Evening OPD let us has the more chances to handle with patients, and the 4-6pm practice class sharpens our skill. It's very useful.

Other than that, I really thanks that u all keep fully provided what we need and what we want in all aspects from academic to accommodation. Thanks to Miss Subha always care of us. Thanks a lot.

This 4 months internship make us feels more confident, able to handle different kind of patient, our skill improved. I feel like not so scared, more confident when handling patient in Malaysia. Really appreciated it. Nandri.

India gives me a very very good impression because of SN hospital. Not worse like what I imagine when I haven come here. Now I like India very much.

Will miss everything (food, people, in India a lot...

Last, thank you so much. Nandri.

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I very appreciate to SANKARA NETHRALAYA (SN) because had chances to practice more and had gain more experiences when facing patients. All optometrist try their effort to teach us and give us to hand-on patients. It is a good opportunity to enhance our skills. When we facing patients, we can handle the patients confidently. At SN, we learn about 'How to take history', 'The flow of procedures like VA, Flash, Refraction, Slit-lamp examination, Applanation tonometry, and other necessary tests', and also 'How to manage patient'. When we went back to Malaysia, what had been learn at SN, will always in my heart and I will never forget what the mistakes that I had been done.

TO ALL MEMBERS OF SANKARA NETHRALAYA (SN):

THANK YOU SO MUCH.....

AND ALL THE BEST...

HO CHERN TAT

Sir,

4 months ago, im actually wondering and worrying how am i going to make it and is it possible for me to learn as much as possible during this short period of training. This is because from seniors's feedback, all of the optometrists here are very talented and excellent. They are all willing to teach and guide us no matter how poor we are, but the matter is im afraid about myself couldn't follow or understand while they are guiding us due to my poor knowledge and skill. Fortunately, after coming here and attended the posting, I have resolved my worries. I do really appreciate those sources from library whenever I have doubts or questions during my posting. What I have experience here is totally different from Malaysia and really thanks to everyone and optometrists. At least I feel that my knowledge and skills have been brushed up by optometrists here, especially I have chances to expose in different cases of ocular disease. Thanks for everything during this 4 months of internship...

HONG YEE WEN

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19/02/2011

The list of departments/specialities that we are involves in:

General Out-patient Department

Glaucoma Out-patient Department – involvement in Pachymetry, Tonometry and Gonioscopy

Paediatric Out-patient Department

Vitreoretinal out-patient Department

Glaucoma Review Clinic

Digital Biometry Review

Computer Vision Clinic

Contact lens Department

Low Vision Clinic

Binocular Vision Clinic


HVF (HUMPHREY VISUAL FIELD)


For food and accommodation, we really appreciate which they are trying their best way to suit us; we had no complaints about it. They cared about us and always be there to help us if we met any problems.

With this humble and selfless journey, we hope to broaden everyone knowledge and experience in the boundary less world of eye-care. And definitely will be back to our country to share all we had learned from this journey.


(CHEONG YUN CHOON)



(PAULINE)


Pauline


(AHMAD FIRDAUS ZAHARI) (Tan Phoi Yuke)

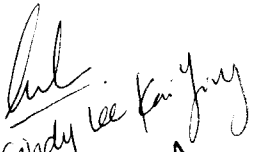

(CHEONG YUEN FUI)

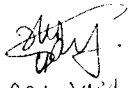

(TENGKU AZIRA)

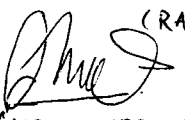

(LIM AI YIT)


(TANG HIE CHIN)

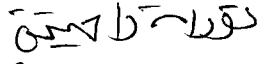

(NUR SHARADAH)


Cindy Lee Kai Jeng



(SI MEI YUEN)


(RAJA BALQIS)
(NOR AZREEN MAZLAN)



(NUR SHAMILA SABREE)



(NOORANA RAMLI)


(CHUNG PEH ROU)


(NGAI YEN (IN))


(TAN ENG LIAN)


(REGINA SAMINATHAN)



Feedback from Malaysian Interns @ Sankara Nethralaya Academy

We, Optometry Student Batch 5 year 2011 of Twintech IUCTT is having a breathtaking journey in Chennai, India. A journey for deeper understanding of the world in practical eye-care at SANKARA NETHRALAYA Hospital in Chennai, India.

All of us were lucky enough to be the first batch of optometrist interns from abroad of India to be accepted into their training programs with an open arms and warm heart. The internship program starts in early morning of 8.00 am till 5.00 pm daily from Monday to Saturdays had been filled with eye-care practices with patients and the guidance by the experience optometrist in different department and specialist. The technical assistance, knowledge and experience were shared willingly by the senior optometrist that we trained under where we were also able to interact and perform basic eye-care examination like the visual acuity taking, preliminary examination, Pachymetry, A-Scan and the important part of slit-lamp eye examination to the patient under the guide of the senior optometrist. Although language has become a communication barrier, in time we believe we can overcome the minor hurdle and it's a fun journey to understand another culture and its people.

Not just the hands-on procedure that they had help us through, lectures (every Friday 2.30 -5.00) and Continuing Medical education (CME) program was extended to us to further our knowledge in the expanding and ever growing world of eye care. From there, latest knowledge and technology of equipment and new standard of care from any other department was shared among all optometrist and interactive discussion was conducted to ensure all understanding for optometrist and to provide better service and care for all patients.

On an average, more than 1000 patients walk through the doors and 100 surgeries are performed every day where the optometrist and doctors works as a team to provide better service and care for patients. Not just with senior optometrist, a friendship and networking with other internal and external interns from different hospital and college from all around India such as Calcutta and Nepal also broaden our perspective on eye-care practice.

Dear Mr Mahalingam,

Hello and good day.

On behalf of the Malaysian interns from Twintech Faculty of Optometry, I would like to express our greatest gratitude and appreciation to the management, optometrists and staff of Sankara Nethralaya for making our 4 months internship here a fruitful one.

We would like to specially thanks Mr Mahalingam for coordinating our internship program, and special thanks to Mdm Viji and Mdm Shenbagam for coordinating our posting schedules and arrangements. Also thanks to Mr Sabarish for his interesting classes and practical sessions. And not to forget, a big thank you to Ms Subha who had been helpful in assisting us whenever we have problems.

For the past four months, we had gained much exposure, experience and knowledge in the field of optometry, that I believe will further equipt ourselves to become good optometrists. We are also happy to have the chance to see all kinds of rare and uncommon disease/condition, that had widen our field of perspectives. We are also touched by most optometrists that are so dedicated who're willing to teach us and guide us for the last 4 months.

Some of us can still remember vividly during our first day here, when we had cultural shock experienceing the traffic and the streets here. But as time goes on, we had already got used to it, and it has been part of our daily routine. This also reminded us how fast time passess, and we truly had enjoyed our stay here in some manner. And most probably when we go back to Malaysia, we will not get used to sleep without having the sound of trains pass by, and the streets without vehicle/auto horn.

Lastly, we would like to express our deepest regret and apologize for all the inconvenience that we had or may caused in the last 4 months.

Thank you and much appreciated.

Regards,

Malaysian Optometry Interns/Batch 6-Grp1, Twintech

First of all, I wish to thank everyone in Sankara Nethralaya Eye Hospital, Academy and the management teams. All of you had helps us a lot in the accommodation, foods as well as our training and learning. I really learned a lot in this 4 months training, I dare to say that, I might learned more than what i learned in 4 years time. I love the library the most, the environment of study and materials of learning always there to clear my doubt. Sankara Nethralaya really gives me a good environment of learning and the opportunity of practicing. The supervisors are always there for us. The knowledge and experience is always there, just see how much we are able to grab. Honestly, i really enjoyed these 4 months posting a lot. These experiences would be my most memorable and valuable gift in my life. During my 4 months posting, i started to think about my future, should i go to the contribute part or earning money part??? I think i already found my answer after seeing what the Sankara Nethralaya Eye Hospital had contributed and provided to the community and the people. These concepts will be leading me for the rest of my life... Thanks a lot to Sankara Nethralaya Eye Hospital. Thousand thanks to all of you...

Tan hui ru

Hi Sir,

We have reached Malaysia safely. Sorry for sending this feedback late. Thanks for the help and guidance given by the whole SN team in these lovely 4 months. We are happy to have the chance to explore the cultural difference, but not to forget, we also share similarities. People in SN are polite and helpful. Like what I spoke on the certificate ceremony, I personally like the Wednesday CME as it shows the importance of continuous learning. Learning doesn't stop after you graduate. I like the evening OPD as well, as I have made friends with some of the optometrists there. Most of them are very friendly and willing to teach us. I am also impressed with the system of SN, it's so well organized and systematic. I am so honoured to be able to post in the best eye hospital in India.

I guess we are the most luckiest batch as we got invitation from Dr. SSB to his home and Madras Club for Dewali celebration. The fireworks were simply awesome. I would never forget it for the rest of my life.

I chatted with Boo (a friend same batch with me) online just now while I am preparing for this feedback, both of us already started to miss everything in SN. We are just 1 day back from India to Malaysia, and we kind of starting to plan when to visit Chennai again. Looking forward to it.

Thanks for the help and effort again.

YEO TZE YI